

How to change your MAC Password

OSX:

- Choose System Preferences from the Apple menu, then click Users & Groups.
- Select your username from the list of users.
- Click the Change Password button, then follow the onscreen instructions.
- DO NOT wait until you are prompted at the login screen! This will unsync your keychain password, causing repeated prompts to enter it.

Password requirements:

- Must not contain the user's account name or parts of the user's full name that exceed two consecutive characters
- Must not be one of your last 8 passwords
- Be a minimum of 8 characters
- Contain characters from three of the following four categories:
 - Uppercase characters (A through Z)
 - Lowercase characters (a through z)
 - Numbers (0 through 9)
 - Special characters (for example, !, \$, #, %)

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