

# Creating Teams

Microsoft Teams is the hub for teamwork. It allows for collaboration, chat, calls, meetings, and so much more. SharePoint is primarily a file management and intranet platform where you store, collaborate, and share information seamlessly across the organization, and is also part of Microsoft 365.

When you create a team (or a Microsoft 365 group), it automatically comes with a SharePoint site for storing team files. You can customize the site to add lists, images, and other info to help the team work together. You can access and share team files and open the team's SharePoint site right from Teams.

Watch this video to learn more

**Video:** [When to use Teams and SharePoint](#)

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